Okay this is the extra credit assignment was a lot of fun. But it was also tough to find only quotes from the most recent general conference.

# Paragraph 1

We, the First Presidency and the Council of the Twelve Apostles of The Church of Jesus Christ of Latter-day Saints, solemnly proclaim that marriage between a man and a woman is ordained of God and that the family is central to the Creator’s plan for the eternal destiny of His children.

# Paragraph 2

All human beings—male and female—are created in the image of God. Each is a beloved spirit son or daughter of heavenly parents, and, as such, each has a divine nature and destiny. Gender is an essential characteristic of individual premortal, mortal, and eternal identity and purpose.

Elder Holland said, ‘I know many who wrestle with wrenching matters of identity, gender, and sexuality. I weep for them, and I weep with them, knowing how significant the consequences of their decisions will be.’

This applies because he offers empathy to those who struggle to understand their gender and identity, but the family proclamation helps because it clarifies that each person was created in the image of God. This brings a peace to my heart I cannot find anywhere else.

# Paragraph 3

In the premortal realm, spirit sons and daughters knew and worshipped God as their Eternal Father and accepted His plan by which His children could obtain a physical body and gain earthly experience to progress toward perfection and ultimately realize their divine destiny as heirs of eternal life. The divine plan of happiness enables family relationships to be perpetuated beyond the grave. Sacred ordinances and covenants available in holy temples make it possible for individuals to return to the presence of God and for families to be united eternally.

**By Elder Kevin W. Pearson said,** “A flood of sweet and sacred experiences filled my mind and heart with love and gratitude for the atoning sacrifice of the Savior and His crucial role in the Father’s plan of redemption for my family and me.”

I chose this because he talks about the sweetness of knowing we can return to the presence of God with our families forever

# Paragraph 4

The first commandment that God gave to Adam and Eve pertained to their potential for parenthood as husband and wife. We declare that God’s commandment for His children to multiply and replenish the earth remains in force. We further declare that God has commanded that the sacred powers of procreation are to be employed only between man and woman, lawfully wedded as husband and wife.

**Bishop Gérald Caussé** said, “The commandments of God, which govern the powers of procreation and the establishment of eternal families, guide us in this holy stewardship, which is so crucial to His plan.” This quote means procreation powers are crucial to God’s plan and must be used within the bonds of marriage.

# Paragraph 5

We declare the means by which mortal life is created to be divinely appointed. We affirm the sanctity of life and of its importance in God’s eternal plan.

# Paragraph 6

Husband and wife have a solemn responsibility to love and care for each other and for their children. “Children are an heritage of the Lord” ([Psalm 127:3](https://www.churchofjesuschrist.org/study/scriptures/ot/ps/127.3?lang=eng#p3)). Parents have a sacred duty to rear their children in love and righteousness, to provide for their physical and spiritual needs, and to teach them to love and serve one another, observe the commandments of God, and be law-abiding citizens wherever they live. Husbands and wives—mothers and fathers—will be held accountable before God for the discharge of these obligations.

**Elder Ulisses Soares** taught, “When loving parents well understand these two major responsibilities, they will strive together to protect and care for the physical and emotional well-being of their children”

This is a neat promise that reinforces what the proclamation says. It helps me understand the proclamation better because it teaches me that naturally when parents try to live the principles of the proclamation, they will want to care for and protect their children.

# Paragraph 7

The family is ordained of God. Marriage between man and woman is essential to His eternal plan. Children are entitled to birth within the bonds of matrimony, and to be reared by a father and a mother who honor marital vows with complete fidelity. Happiness in family life is most likely to be achieved when founded upon the teachings of the Lord Jesus Christ. Successful marriages and families are established and maintained on principles of faith, prayer, repentance, forgiveness, respect, love, compassion, work, and wholesome recreational activities. By divine design, fathers are to preside over their families in love and righteousness and are responsible to provide the necessities of life and protection for their families. Mothers are primarily responsible for the nurture of their children. In these sacred responsibilities, fathers and mothers are obligated to help one another as equal partners. Disability, death, or other circumstances may necessitate individual adaptation. Extended families should lend support when needed.

Elder Soares taught, “In the Lord’s plan, a “help meet” was a companion who would walk shoulder to shoulder with Adam in full partnership.[4](https://www.churchofjesuschrist.org/study/general-conference/2022/10/25soares?lang=eng#note4) In fact, Eve was a heavenly blessing in Adam’s life. Through her divine nature and spiritual attributes, she inspired Adam to work in partnership with her to achieve God’s plan of happiness for all mankind.”

This quote talks somewhat regarding the roles of males and females and the blessings they bring to each other when they work together properly in the gospel.

# Paragraph 8

We warn that individuals who violate covenants of chastity, who abuse spouse or offspring, or who fail to fulfill family responsibilities will one day stand accountable before God. Further, we warn that the disintegration of the family will bring upon individuals, communities, and nations the calamities foretold by ancient and modern prophets.

President Nelson said, “He mourns and we all mourn for each person who has fallen victim to abuse of any kind. Those who perpetrate these hideous acts are not only accountable to the laws of man but will also face the wrath of Almighty God” This is reaffirming the teaching that abuse of any kind, including within a family is not ordained of God and those who commit abuse will be accountable to God.

# Paragraph 9

We call upon responsible citizens and officers of government everywhere to promote those measures designed to maintain and strengthen the family as the fundamental unit of society.